
Welcome to Kindergarten



Welcome



Dear Families,

Welcome to St. Edmund! The start of kindergarten is a magical milestone filled with endless possibilities and infinite opportunities.

We are so excited to meet you and work together as you and your little one start a wonderful new journey.

Sincerely,

The St. Edmund Team

**This is your
school.**



[Link to school's website](#)

**Here are the
kindergarten
teachers at
your school:**



Here are staff members from your school's daycare.



Important Information About The First Day of School

- Kindergarten Information Evening
 - Tuesday, August 29th, 2023
- Progressive Entry
 - Schedule to be sent in July
- Folder of Important Information
 - Forms - Please return completed forms on the first day
 - Contains additional documents and information to ease the transition
 - **Daycare & Lunch Program Registration - May 2023**
- Bus Information Available on Mozaik in August

Find a School Using Your Address



<https://busplanner.lbpsb.qc.ca/Eligibility>

Important Information About The First Day of School



Additional Information:

- Dress Code
 - Navy Blue, Red, White
- Areas of Independence to promote
 - Bathroom
 - Shoes
 - Zippers
 - Lunch

The Program



The Program

From the International Curriculum Framework for School Education

AREAS OF DEVELOPMENT, COMPETENCIES, FOCUSES OF DEVELOPMENT AND KEY FEATURES

Area of development and competencies	Focuses of development	Key Features
Physical and Motor Development Increases physical and motor development	Motor skills	<ul style="list-style-type: none"> Explores sensory perceptions Develops body awareness Uses gross motor skills Uses fine motor skills Explores the concept of space Explores the concept of time Discovers lateral dominance Explores different ways of moving
	Healthy lifestyle habits	<ul style="list-style-type: none"> Explores the world of food Explores different means of moving Adopts practices associated with good personal hygiene Learns about safety
Emotional Development Builds self-awareness	Self-knowledge	<ul style="list-style-type: none"> Recognises own needs Recognises own characteristics Expresses own emotions Negotiates own emotions
	Self-confidence	<ul style="list-style-type: none"> Explores own autonomy Responds with confidence
Social Development Manages interpersonal relationships with others	Sense of belonging	<ul style="list-style-type: none"> Shows openness to others Participates in group activities Collaborates with others
	Social skills	<ul style="list-style-type: none"> Eventually complies with rules of conduct Creates connections with others Negotiates own behaviour Resolves conflicts
Language Development Communicates using oral and written language	Oral language	<ul style="list-style-type: none"> Interacts verbally and non-verbally Demonstrates understanding Expands own vocabulary Explores different kinds of statements Develops phonological awareness
	Written language	<ul style="list-style-type: none"> Interacts with written language Recognises some reading and writing conventions Discusses some functions of writing Knows the letters of the alphabet
Cognitive Development Discovers the world around them	Thinking skills	<ul style="list-style-type: none"> Acquires new knowledge relating to the subject areas: mathematics, arts education, social sciences, science and technology Uses reasoning skills Uses imagination
	Strategies	<ul style="list-style-type: none"> Takes action Explores different actions Explores the actions taken

QUÉBEC EDUCATION PROGRAM - Preschool Education

Learning Through Play

**Play is at the
core of the
program**



The Program

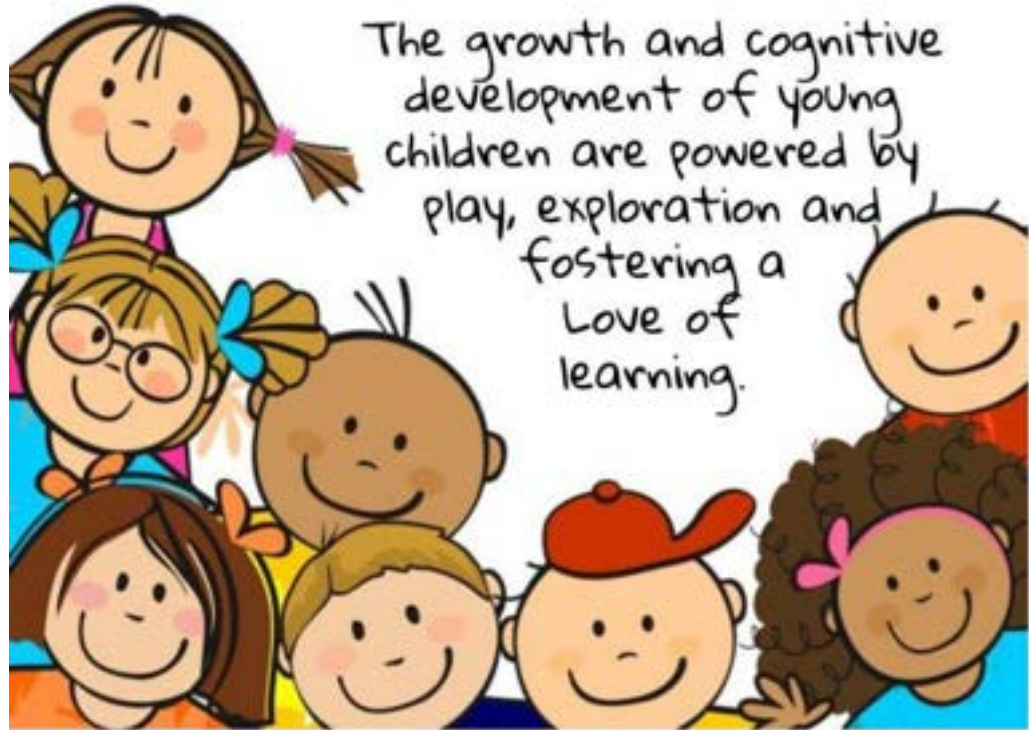
How do we achieve these goals?

- Circle time
- Gross-motor activities
- Blocks and puzzle play
- Fine-motor activities
- Phonemic awareness
- Art activities
- Early numeracy activities
- Music activities
- Story time
- Science activities
- Play plans
- Dramatic-play activities

For a Smooth Transition...



At home, it's the little things you do every day that prepare your child for kindergarten.



The growth and cognitive development of young children are powered by play, exploration and fostering a Love of learning.

For a Smooth Transition...

Playing in French and English



En attendant la maternelle...

Logo: Centre de Prévention Scolaire (Centre de Prévention des Échecs Scolaires, Centre de Prévention des Échecs Scolaires)

A À l'école, on apprend à lire. 	B On joue avec des ballons. 	C On joue avec des cartes et des objets. 	D On joue avec des poupées. 	E On joue avec des voitures. 		
F On mange des fraises. 	G On joue avec des voitures. 	H On apprend à lire. 	I On joue avec des insectes. 	J On joue avec des jouets. 	K On joue avec des animaux. 	L On joue avec des blocs.
M On joue avec des instruments. 	N On joue avec des nuages. 	O On joue avec des objets. 	P On joue avec des animaux. 	Q On joue avec des objets. 	R On joue avec des animaux. 	S On joue avec des objets.
T On joue avec des animaux. 	U On joue avec des animaux. 					

Version Française © 2018 2019

Before I start kindergarten...

Logo: Centre de Prévention Scolaire (Centre de Prévention des Échecs Scolaires, Centre de Prévention des Échecs Scolaires)

A Lecture: on apprend à lire. 	B Jouer avec des ballons. 	C Jouer avec des cartes et des objets. 	D Jouer avec des poupées. 	E Jouer avec des voitures. 		
F Manger des fraises. 	G Jouer avec des voitures. 	H Apprendre à lire. 	I Jouer avec des insectes. 	J Jouer avec des jouets. 	K Jouer avec des animaux. 	L Jouer avec des blocs.
M Jouer avec des instruments. 	N Jouer avec des nuages. 	O Jouer avec des objets. 	P Jouer avec des animaux. 	Q Jouer avec des objets. 	R Jouer avec des animaux. 	S Jouer avec des objets.
T Jouer avec des animaux. 	U Jouer avec des animaux. 	V Jouer avec des animaux. 	W Jouer avec des animaux. 	X Jouer avec des animaux. 	Y Jouer avec des animaux. 	Z Jouer avec des animaux.

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For a Smooth Transition...



Reassure your child:

- Read stories about going to school.
- Take your child to a new place (ex: school yard if open) and discuss the beauty of change and new experiences.
- Discuss with your child what a typical day at kindergarten is like (see next page);
- Tell your child what time you'll pick them up after school;
- If your child comes home by bus, tell them that there will always be someone there to meet them at their stop.

Set up a routine with rules to follow:

- Set routines for your child, for example at bedtime, gets them used to following rules and instructions and helps them feel secure by being able to anticipate what comes next.

Encourage your child's independence:

- Getting dressed or going to the washroom on their own, even if it takes a little longer;
- Hanging up coat and putting toys away.

For a Smooth Transition...



- ***Be loving and attentive:*** Quickly responding to preschoolers' needs and questions, taking the time to listen to them and showing an interest in what they're doing are all actions that build confidence.
- ***Encourage your child to ask questions:*** This sparks curiosity. You should also encourage your child to look for the answers with you on the Internet or at the library. The desire to understand things fosters academic motivation.
- ***Encourage your child to speak often:*** You can ask your preschooler what they did at daycare, if they have any ideas about how to settle a little problem, or what they would do if they were the character in a story. This will get them used to reflecting on things and expressing their thoughts about them.
- ***Speak positively about the school:*** You can tell your child that they'll learn all sorts of things and meet new people, so that they look forward to going. It's also important to communicate to your child the trust that you have in the school and the adults within it.

For a Smooth Transition..



Help your child to develop healthy habits.

NUTRITION AT LBPSB

It starts in Kindergarten!

Schools play a critical role in promoting a healthy, physically active lifestyle and positive mental health for children.

It is our shared responsibility to help educate children on how to establish healthy behaviours. Multiple studies have shown positive links between proper nutrition and strong academic performance.

WE MUST FUEL THE BODY IN ORDER TO FUEL THE BRAIN!

Help your child have a great day at school:

- Eat a healthy breakfast
- Pack a healthy lunch that includes foods from Canada's food guide
- Refuel throughout the day with healthy snacks
- Rehydrate with water
- Be active daily
- Get enough rest



**For a
Smooth
Transition...**



*Make sure your child sees and hears well
by checking with specialists.*



For a
Smooth
Transition...

*Fill out all documents sent by the
school. This will help us to get to
know your child better.*



Collaboration between home and school can help foster a positive attitude toward learning in your child.

If you have any questions, do not hesitate to contact us.

Be sure to stay informed

[LBPSB website](#) & [Facebook Page](#)



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